

PARENT COFFEE MORNING



I-REACH WORKS WITH CHILDREN, FAMILIES AND STAFF TO PROMOTE POSITIVE MENTAL HEALTH, WELLBEING, AND OFFER EARLY SUPPORT WHEN IT'S NEEDED.



WHAT'S HAPPENING IN SCHOOL?

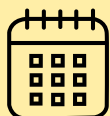
THROUGHOUT MARCH, I-REACH WILL BE DELIVERING WELLBEING WORKSHOPS FOR YEAR 4-6 PUPILS FOCUSED ON THE 5 WAYS TO WELLBEING.

THE COFFEE MORNING IS FOR PARENTS AND CARERS TO:

- ✦ LEARN MORE ABOUT I-REACH AND OUR OFFER IN SCHOOL
- ✦ LEARN MORE ABOUT THE 5 WAYS TO WELLBEING
- ✦ EXPLORE SIMPLE STRATEGIES TO USE AT HOME
- ✦ ASK QUESTIONS IN A RELAXED SETTING



WHERE : MOSSFIELD
PRIMARY SCHOOL



DATE : 3RD MARCH



TIME : 9-10.30

