



# MOSSFIELD PRIMARY SCHOOL

Mossfield Road  
Pendlebury  
Manchester  
M27 6EH

Headteacher: Mrs J. Plant  
Assistant Headteacher: Mrs M. Dunphy  
Website: <http://www.mossfieldps.salford.sch.uk>

Deputy Headteacher: Mrs M. Reaper  
Assistant Headteacher: Mr A. Laycock  
Telephone No: 0161 921 2160

---

Dear Parents/Carers,

Please can I remind you, as a healthy school we want to promote healthy snack choices to support your child's energy, focus, and overall well-being. Nutritious snacks help maintain concentration and contribute to a healthy lifestyle.

Please ensure your child has one of the following snacks:

- Fresh fruits or vegetables
- Whole-grain crackers or rice cakes
- Toast

**As per policy, children will not be allowed to eat any chocolate, crisps or sweets at break time. Due to the sugar content cereal bars are not allowed.**

Limiting sugary or processed snacks helps keep children energized and ready to learn.

Thank you for supporting healthy habits!

Best regards,

Mrs Plant

Headteacher