



# Mossfield Primary School Knowledge Organiser



Year 2– **Health and Wellbeing**— This unit teaches children about physical and mental health. It includes food choices, physical activity, balanced lifestyles, drugs and alcohol education, first aid, sleep, dental health and more. It teaches them to keep healthy and safe while equipping them to help others. Through each unit the children also complete lessons from the No Outsiders in Our School programme which teaches them about the characteristics protected by the Equality Act.

## Key Learning

To be able to describe some of the biological differences between male and female animals including humans and the importance of respecting differences and similarities between boys and girls.



To describe how some medicines are taken and for what reasons.



To understand that we share the world with different people through reading and discussing 'The First Sledge'.



To learn about the importance of keeping safe in different situations and the rules for keeping safe (road safety).

### ROAD SAFETY SET



To learn about how to keep safe online.



# Key Vocabulary

Biological	Relating to life and living things
Online	Connected to, directly controlled by, or available through a computer
Safety	Safety is anything that people do to protect themselves or others from harm