



Mossfield Primary School Knowledge Organiser



Year 2 – Summer 1

Gymnastics

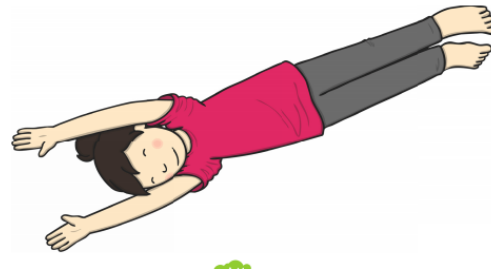
During this Gymnastics unit children will learn how to turn, spin and twist using different parts of their bodies. Children will use these skills to move around the room and on apparatus.

Key Learning

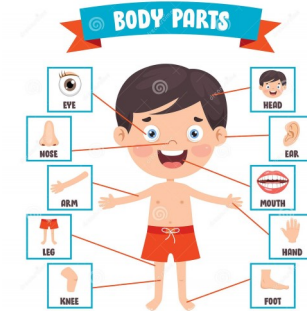
To complete turning jumps (quarter turn, half turn, three-quarter turn and a whole turn).



To roll on the floor in different ways and directions.



To find different body parts upon which to spin.



To turn in the air, on the floor and on apparatus.



To learn that one part of the body is fixed as the other part moves to create a twist.



To use all these ideas on appropriate apparatus.



Key Vocabulary

apparatus	The technical equipment needed for a particular activity or purpose.
control	To be able to direct an activity.
co-ordination	The ability to use different parts of the body together smoothly and efficiently.
levels	High or low.
rolling	Moving by turning over and over on an axis.
speed	The rate at which someone or something moves.
spin	Turn or cause to turn or whirl round quickly.
turning jumps	A turn in the air.
twist	turn or bend into a specified position or in a specified direction .