



# Mossfield Primary School Knowledge Organiser



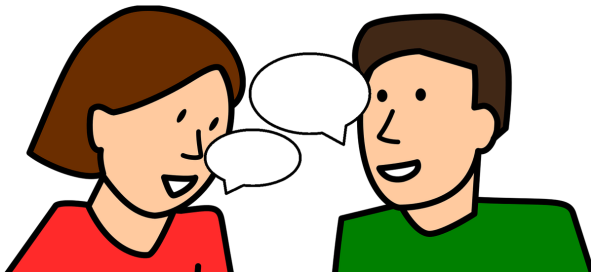
## Year 6– Autumn 1

### Gymnastics

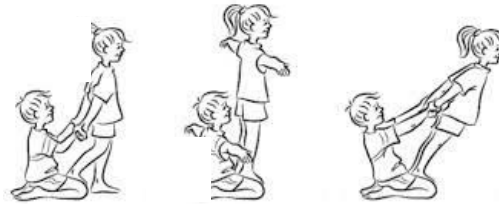
Children will learn how to work with a partner effectively, learning how to work in unison and understanding spatial relationships.

## Key Learning

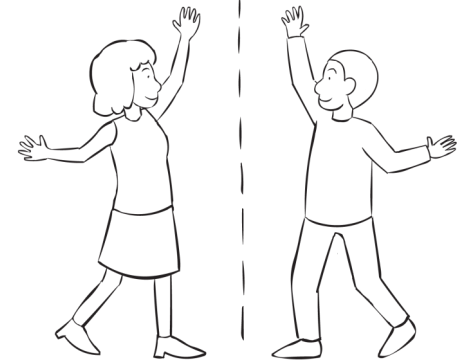
To understand and use a variety of spatial relationships when working with a partner .



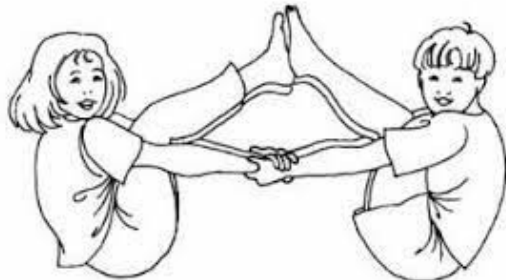
To compose an individual sequence comprising travel, jump, roll and balance and then teach it to a partner and perform it together.



To understand and use mirror movements with a partner.



To identify and show matching and mirroring balances with a partner showing different shapes and levels.



To create a sequence linking four balances with traveling, jumping and turning movements.



To adapt and transfer skills, principles and sequences from floor to apparatus at every stage.



# Key Vocabulary

<b>apparatus</b>	The technical equipment needed for a particular activity or purpose.
<b>jump</b>	Push oneself off a surface and into the air by using the muscles in one's legs and feet.
<b>mirroring</b>	The reflection or replication of something.
<b>perform</b>	Present to an audience.
<b>roll</b>	Move in a particular direction by turning over and over on an axis.
<b>sequence</b>	A particular order in which related things follow each other.
<b>unison</b>	Simultaneous performance.