



Mossfield Primary School Knowledge Organiser  
Year 6 – Summer 1  
Gymnastics



Children will move using a variety of body parts and apparatus. Children will learn how to pull and push their bodies against apparatus to keep a balanced position and link movements to create sequences with a partner.

## Key Learning

To make clear balanced shapes for a partner to travel under or over.



To contrast a sequence where each person moves into a balanced shape.



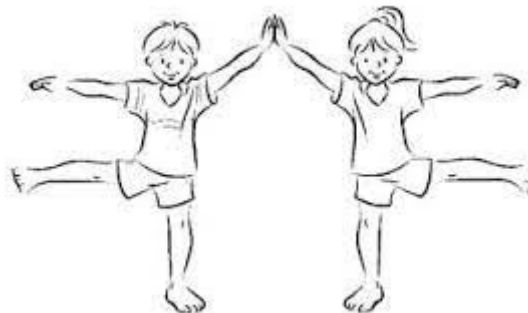
To understand the safety implications.



To know and be able to use matching or contrasting shapes to pass over or under a partner.



To construct a sequence with a partner.



To transfer all these skills, principles and sequences onto apparatus.



# Key Vocabulary

<b>apparatus</b>	The technical equipment needed for a particular activity or purpose.
<b>balance</b>	Stay in a steady position so that it does not fall.
<b>continuity</b>	The unbroken and consistent existence or operation of something over time.
<b>co-operatively</b>	In a way that involves mutual assistance in working towards a common goal.
<b>curl</b>	Form or cause to form into a curved or spiral shape.
<b>patches</b>	A larger part of the body that can be used to balance e.g. back.
<b>points</b>	A small part of the body that can be used to balance e.g. hands.
<b>roll</b>	Move in a particular direction by turning over and over on an axis.
<b>sequence</b>	A particular order in which related things follow each other.
<b>travel</b>	Go from one place to another .