



Mossfield Primary School Knowledge Organiser



Year 1– Relationships — This unit supports pupils to develop healthy relationships in various contexts, and to know when to seek help. Through each unit the children also complete lessons from the No Outsiders in Our School programme which teaches them about the characteristics protected by the Equality Act.

Key Learning

To use the Colour Monster story to name a range of feelings and to be able describe what happens inside and outside of our body when we are happy/sad/angry/worried etc



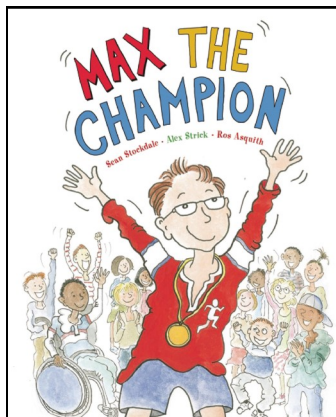
To be able to discuss who special people in their lives are and describe what qualities they have that makes them special.



Explain what we mean by 'behaviour' and give examples of how their behaviour can affect others in different situations.



To understand that everyone is different and that you can't always see difference. Discuss difference through the story of 'Max The Champion'.



To describe what fair/unfair and kind/unkind means to them and to be able to give examples of both in different scenarios.



To understand how people's bodies and feelings can be hurt and to be able to identify people they can go to if they are feeling uncomfortable or hurt, physically or emotionally.



Key Vocabulary

Feelings	An emotion that we feel within ourselves e.g. happy, sad, worried, confused
Special	Better, greater, or otherwise different from what is usual.
Relationships	The way in which two or more people, talk to, behave towards and deal with each other.
Qualities	A feature that makes a person or thing what it is.
Behaviour	The actions of a person, animal, thing, or group, either in general or in certain situations.
Situations	A state of affairs or circumstances.
Different	Not the same as another or each other.
Fair	Treating people equally.
Unfair	Not treating people equally or not following the rules of a game or sport.
kind	Wanting or liking to do good and to bring happiness to others.
unkind	Behaviour that is unpleasant, unfriendly, or slightly cruel way.
Physically	Something that relates to the body as opposed to the mind.
Emotionally	A mixture of different feeling. Relates to the mind as opposed to the body.